

Yngling North American Championship
August 4-6, 2017
Sakonnet Yacht Club

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 No national prescriptions will apply.
- 1.3 The International Yngling Class Rules, Notice of Race, and Sailing Instructions will apply. If there is a conflict, the Sailing Instructions shall take precedence
- 1.4 If there is a conflict between languages the English text will take precedence.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors, including changes to the sailing instructions, will be posted on the official regatta notice board located in or outside of the SYC Clubhouse.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted before 0800 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect. The Race Committee may change these Instructions on the water by hail after displaying Flag "L" with one sound. On water changes may include, but are not limited to, information on schedule, courses and marks.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the Race Committee Signal Boat when the committee is ashore. When the committee is not ashore, or the Signal boat is not available, signals will be made from the Sakonnet Yacht club flagpole, to the north of the yacht club building.
- 4.2 If a postponement is signalled ashore, the warning signal will be made not less than 30 minutes after flag AP is lowered.

5 SCHEDULE OF RACES

- 5.1 First warning signal on each day of racing:
 - Friday August 4th 1000
 - Saturday August 5th 1000
 - Sunday August 6th 1000
- 5.2 The intention is to sail as many races each day as wind, weather and circumstances permit.
- 5.3 The scheduled time of the warning signal for the first race each day is 1000.
- 5.4 A repeated horn signal will may be made as an attention signal approximately 30 seconds before the warning signal. This modifies RRS 26.
- 5.5 On the last day of the regatta no warning signal will be made after 1200.

6 CLASS FLAGS

6.1 The class flag is a white flag with a contrasting dark Yngling “Y” insignia.

7 RACING AREAS

7.1 Weather permitting; all races will be sailed at the mouth of the Sakonnet River, roughly between Sakonnet Point and Sachuest Point. It is recommended that competitors depart Sakonnet Yacht Club for the racing area at least one hour before the warning signal.

8 THE COURSES

8.1 The diagram in Attachment A show the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

8.2 No later than the warning signal, the race committee signal boat will display the approximate compass bearing of the first leg.

8.3 The course will be displayed on the race committee signal boat course board, and will be indicated as a black “W” (for races finished to windward) or “L” (for races finished to leeward) followed by the number of legs. Note: The distance between the windward mark and offset mark is not considered a leg of the course.

8.4 The leeward Gate may be set to windward of the starting line before or after the start.

9 MARKS

9.1 Marks 1, 2S and 2P will be Orange inflatables. Offset marks will be small balls, and may be placed within approximately 50 yards of the windward mark. If an offset mark is used, it shall be rounded after and on the same side as the windward mark.

9.3 New marks, as provided in instruction 11.1, will also be Orange inflatables.

9.4 The starting line will be between a staff displaying an orange flag on the race committee signal boat and the course side of the starting mark, or between staffs displaying orange flags on race committee boats at both ends of the line. If a mark boat is not present at the port end of the line, the port end of the start line will be an orange windsock.

9.5 A race committee boat signalling a change of a leg of the course is a mark as provided in instruction 11.2.

10 THE START

10.1 Races will be started by using rule 26 with the warning signal made 5 minutes before the starting signal.

10.2 If flag U has been displayed as the preparatory signal, no part of a boat’s hull, crew, or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing but not if the race is restarted or resailed or postponed or abandoned before the starting signal. This changes rule 26.

11 CHANGE OF THE NEXT LEG OF THE COURSE

11.1 To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.

12 THE FINISH

12.1 When two mark boats are present, the finishing line will be between staffs displaying orange flags on the finishing marks. When only one mark boat is present, the finishing line will be between a staff displaying an orange flag on the finishing mark at the starboard end and the course side of the port-end finishing mark.

13 PENALTY SYSTEM

13.1 Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

14 TIME LIMITS

14.1 The time limit for each race will be will be 2 hours for the first boat to finish.

15 PROTESTS AND REQUESTS FOR REDRESS

15.1 Protest forms are located in the rack inside the SYC clubhouse or may be downloaded from the US Sailing web site, ussailing.org.

15.2 A boat intending to protest shall notify the race committee on the signal boat promptly upon crossing the finish line of the race in which the protest occurred, of the intent to protest and the boat or boats protested.

15.3 Protests shall be filed with the race committee in the vicinity of the SYC clubhouse within 60 minutes after the race committee boat docks.

15.4 Hearings will be held as soon as practicable after racing each day or as posted on the Official Notice Board.

16 SCORING

16.1 Three races are required to be completed to constitute a Championship.

16.3 (a) When fewer than five races have been completed, a boat's series score will be the total of her race scores.

(b) When five or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17 SAFETY REGULATIONS

17.1 Check-In: After the signal boat is on station at the start line and before the warning signal each day, each boat shall sail by the stern of the signal boat on starboard tack and notify the race committee of her boat name and sail number.

17.2 A boat that retires from a race shall notify the race committee as soon as possible.

17.3 All yachts are required to carry a US Coast Guard approved life jacket for each crew member.

17.4 Mandatory safety equipment per the International Yngling Class Rules (<http://www.sailing.org/28229.php>) shall be on each boat:

- Three hand bailers of not less than 4-liter capacity each attached to the boat
- One hand pump attached to the boat
- One anchor and chain at least 8 kg and 30m anchor line
- At least 1 Paddle not less than 1.2 m long
- Hiking vest/hobble systems must have safety release
- Safety equipment must be stored above a double bottom

18 REPLACEMENT OF CREW OR EQUIPMENT

18.1 Substitution of competitors or damaged/lost equipment will not be allowed without prior written approval of the race committee.

18.3 Requests for replacement or substitution shall be made in writing and posted on the Official Notice Board. Requestors shall also notify Cushing Anderson in person or by phone at 617-510-1955 when making a request. Decisions will be posted on the Official Notice Board.

19 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

20 SUPPORT BOATS

20.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

21 TRASH DISPOSAL

Trash may be placed aboard support or official boats only while no boats are racing.

22 HAUL-OUT RESTRICTIONS

22.1 Boats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

22.2 Requests for haul out shall be made in writing and posted on the Official Notice Board. Requestors shall also notify Cushing Anderson in person or by phone at 617-510-1955 when making a request. Decisions will be posted on the Official Notice Board.

23 DIVING EQUIPMENT AND PLASTIC POOLS

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around boats between the preparatory signal of the first race and the end of the regatta.

24 RADIO COMMUNICATION

24.1 For this event class rule #C.5.1(b)(2) is modified to allow radios and cell phones with GPS capabilities on board.

24.2 Except in an emergency, a competitor shall not make or receive voice or data communication.

24.3 When a boat uses a radio or cell phone during a race it will immediately retire and report to the race committee.

24.4 When a boat uses a radio or cell phone when not racing, it will inform the race committee before the warning signal of the next scheduled race on the same race day of its emergency and inform the race committee of its intention to race or return to the harbor. If it is unable to notify the race committee before the warning signal, it will retire immediately after the warning signal and report to the race committee.

24.5 The race committee will monitor VHF Channel 72 for emergency purposes only.

25 PRIZES

- 25.1 First place will be awarded the perpetual Yngling North American Championship Trophy.
- 25.2 Second place will be awarded the perpetual Bud Berlin Trophy.
- 25.3 First place Youth boat will be awarded the perpetual Alpena Cup.
- 25.4 The Jim Leslie Friendship Trophy will be awarded at Regatta Chair's discretion.

26 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

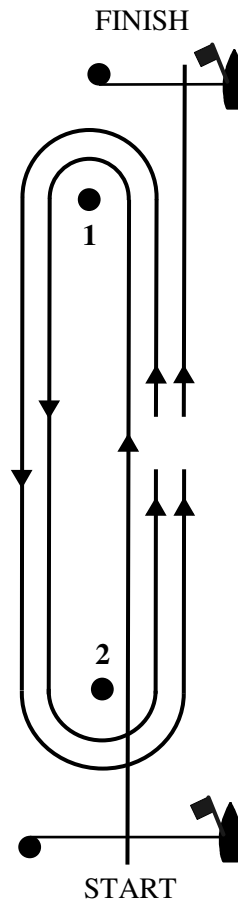
Attachment A

ILLUSTRATING THE COURSE

Shown here is a diagram of the course. The boat's track is represented by a discontinuous line.

A Windward-Leeward Course

Start – 1 – 2 – 1 – 2 – Finish



Options for this course include

- (1) *increasing or decreasing the number of laps,*
- (2) *deleting the last windward leg,*
- (3) *using a gate instead of a leeward mark,*
- (4) *using an offset mark at the windward mark, and*
- (5) *using the leeward and windward marks as starting and finishing marks.*